

THE FEMININE POWER BREAKTHROUGH



**How to Overcome the #1 Barrier That Blocks
Smart, Conscious Women From Accessing
Their Power & Realizing Their Destiny**

By Dr. Claire Zammit

ABOUT THE AUTHOR

Dr. Claire Zammit

Founder, Feminine Power.

Claire is a transformational teacher, leader, mentor and successful conscious entrepreneur. Her mission is to empower women to fully express their gifts and talents by sharing the Feminine Power teachings that she created and that she credits as the source of her own fulfillment, success and impact.



She is the founder of the Feminine Power Global Community, which offers online trainings, advanced courses and coaching certifications that serve hundreds of thousands of women from more than 100 countries across Asia, Europe, South America and the US.

The women in this community are coaches, mothers, artists, leaders, teachers, authors, engineers, therapists, doctors, lawyers, judges, performers, scientists, entrepreneurs, producers and more.

Claire is also the co-founder and president of Evolving Wisdom, which was recognized by Inc. Magazine as #83 on the list of Top 500 fastest-growing companies in America.

Since 2009, Claire's work with Feminine Power and Evolving Wisdom has reached more than 1 million people. In addition to her teaching work in the Feminine Power courses, Claire has shared the stage with such luminaries as Elizabeth Gilbert, Brené Brown, Eve Ensler, Alanis Morissette, Marianne Williamson, Marci Shimoff, Neale Donald Walsch, Gabrielle Bernstein and Lisa Nichols.

In 2014, Claire received Just Like My Child Foundation's Women's Leadership Award in recognition of her contributions to funding The Girl Power Project that's now set to impact over 1 million girls with leadership and self-esteem trainings in the developing world.

Claire is an active member of Jack Canfield's prestigious Transformational Leadership Council and was the recipient of its achievement award, and she is also a participant in Deepak Chopra's Evolutionary Leaders Forum.

She holds a Ph.D. in Transformative Learning & Change from the California Institute of Integral Studies and lives in Berkeley, California with her husband, spiritual teacher, Craig Hamilton.



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Welcome

I can't wait to share the information you're going to discover in this ebook. I think you'll be blown away, just as I was, to learn the shocking reason sensitive, caring women have been feeling stuck and blocked from stepping into the larger life that's calling them... and how to break free from it!

I've also seen that when you make this shift to creating with a Feminine system of power, you'll be able to gain faster, longer-lasting results in areas that women struggle with related to their health and wellbeing.

Issues such as chronic stress, depression, anxiety, and weight issues are often rooted in this block.

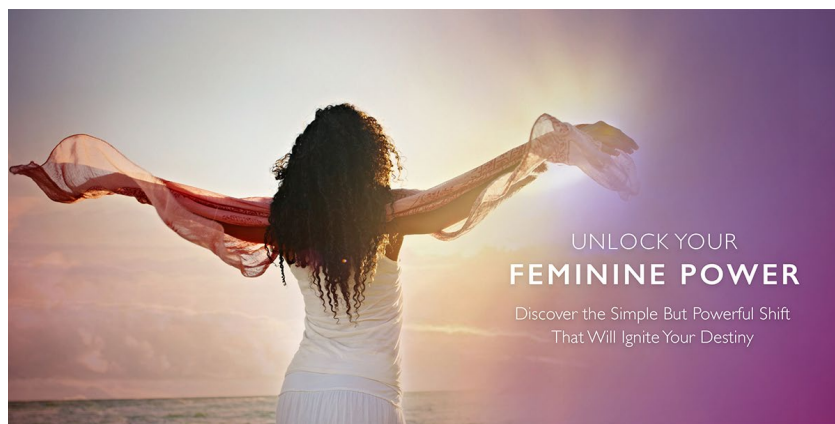
However before you continue reading...

If you haven't yet done so, please take a moment to click on the link below and sign up for my FREE upcoming seminar, "Unlock Your Feminine Power."

The Seminar works together with this ebook and is designed to support you to get the most out of it.

You'll have the opportunity to join me and a tribe of brilliant, conscious, talented women, where together we'll APPLY the insights in the ebook and you'll make the shift to manifesting your vision for health, energy, vitality, body-confidence, wellbeing, and the larger life that's calling you.

[CLICK HERE](#) to Register for the FREE Seminar



If you've been struggling to achieve your health goals, express your gifts, create prosperity that reflects your value, attract the love you deserve, or the support, resources and opportunities you need to be able to thrive, I want to reassure you that you are definitely not alone -- and there is a solution.

It's time to break free and step into your greatness! [Register Here.](#)

Introduction

Something really big is happening for women. There's an energy, a momentum that's building, and it's driving us to want to step into new roles, to play a bigger part in influencing the future of our world, and to actualize all the possibilities that we sense within ourselves.

As the traditional roles for women have changed, and we've been freed up, for the first time in history, to care about our own self-realization, a dormant energy has been collectively ignited.

Create. Inspire. Impact. Connect. Grow. Rise. Shine bright.

These are the whispers from our soul that we hear in our clearest moments. But we don't know what to do with these yearnings. How? we ask ourselves. What would this look like? How can I make a living thinking this way?

In this new world order, there is no map. There are no models to follow. Women are truly on the frontier of a new stage in human evolution...



“We’ve been trying to find our way utilizing a navigation system that doesn’t even recognize this new landscape.”



That's the situation that women all over the globe find themselves in. We have more options and the ability like never before to be whoever we want to be, but we lack the tools to navigate our way there.

I know because this is my story. And it's the story of every woman I know. For more than a decade I've dedicated my life to understanding this new world order. I've worked with and coached thousands of women experiencing this exact same phenomenon: We feel something alive, something so important waking up inside of us but we don't know what to do with it.

And that's how Feminine Power got started. It was formed out of necessity, for women just like me, and you, who long to honor the yearnings and whispers of our souls but didn't know how.

And what come out of this exploration is nothing short of astounding. We discovered that by honoring the very qualities and energy that make us women, we unlocked a source of power unlike anything we'd ever known.

Actually, we discovered three power sources, channels if you will, that together provide everything we need to navigate our way not only through life, but to our highest potentials—nothing short of our destiny.

Yeah, I know, it's big.



Just note as you read the following statements whether any (or many) of them apply to you:

You long to...

- Liberate yourself from self-doubt and insecurity, become authentically confident and visible, and be recognized and rewarded for your contributions
- Overcome any chronic health challenges that may be blocking your destiny, such as depression, anxiety, fatigue, or feeling out of alignment, allowing you to move forward with limitless energy into the work you're here to do
- Attract a true equal—or transform your present relationship to become the intimate, loving relationship you yearn for
- Make the shift from simply surviving to thriving financially
- Discover your true “genius” so that you can create a business or career that will allow you to share your gifts in your “sweet spot” and fulfill your life’s purpose and calling
- Be supported, loved and valued by all the people close to you, so you can become the best version of yourself
- Feel like you are finally LIVING your destiny as the woman you were born to become.

And you might also be feeling...

- Sick of doing it alone, yet struggle to let yourself be supported
- A burning desire to express your gifts and talents in ways that will make a difference, but don't know what that looks like and might not even know where to start
- A sense of what you're here to do but don't know how to make the transition and still support yourself financially
- That in spite of having good friends or belonging to a community, you still have the inner experience of feeling alone, and believe your calling is your problem to figure out by yourself
- That you are over-giving and over-doing, constantly running at a support-deficit
- Yearn for a romantic partnership with someone who matches your values and vision, or you want deeper intimacy in the relationship you're currently in, and yet feel confused about how to even begin to create it.

Or perhaps...

- Despite all the personal growth work you've done, you still sense a barrier in your life that you just can't seem to break through
- You're concerned about the state of the world and want to help make the world a better place, but feel totally overwhelmed about how to even get started.

If you identify with any of the above, first off, know that there's nothing wrong with you and that you are not alone. Millions of women are feeling this exact same way.

Women from all walks of life are having these experiences, including personal coaches, mothers, artists, entrepreneurs, teachers, authors, judges, producers, and performers. I met one woman who is a rocket scientist, and she checked everything on the list!

Something so big is happening for so many women across such a broad spectrum, we can no longer ignore it.

These emotions, these feelings of restlessness and dissatisfaction, are symptoms of the awakening to a new stage in our evolution. American psychologist Abraham Maslow called it "self-actualization" and later "self-transcendence."

And it makes sense. We are among the first and second generation of women to be freed up from the tasks of just having to survive and put food on the table.

For the first time in history, as a woman, we are free to pursue our own self-actualization, our destiny.



“Something so big is happening for so many women across such a broad spectrum, we can no longer ignore it.”



As the glass ceilings that have held women back for so long shattered, and the opportunities to participate in the world expanded, we (rapidly) ascended to this new stage. And now, a critical mass of women, from all over the globe, is awakening to an altered landscape.

From this vista, we feel the profound impulse to express ourselves: our creativity, our vision, and our voice. We don't just want a nice house or a nice car. As wonderful as those things are, we're yearning for something that can't be acquired.

And we don't want to just succeed where men have succeeded—the traditional way that success has been defined in our world.

We're yearning for something that can only be created through us: The higher possibility of who we are. We yearn for an experience of intimacy that's deeper and more real than what our parents had. We long to have our creative gifts impact others. We want belonging, self-expression, aliveness, meaning and contribution.

None of these things can be created with a masculine power system. Don't get me wrong, that system is great if you want to achieve, accomplish, acquire—it's what has built civilization, made advances in technology and science, taken us to the moon.

But the nature of our destination has changed. The nature of our aspiration has changed. This is why we keep hearing about the need for a feminine power system to be the operating system for the 21st century.

Women still struggle for equality in many important ways. We make less money; it's up to us to figure out how to balance career and family, and in many places, we may even fear for our safety.

Yet we are leading the way for this new stage of humanity. That's why we are the majority in self-help programs, why we start businesses at higher than the national average and why we are catalyzing the flourishing of organizations all over the world.

I firmly believe that this awakening not only holds the keys to our personal fulfillment as women, but also to our planetary potential. We literally have the power to shape the future of our world.

A powerful thing is waking up inside you, inside each of us. It's a deep signal that you—we—are being called.



What's Possible in this New Stage

It's a wholesome, life-positive thing that's happening for women. The problem is we can't unlock the potentials we're sensing with the same power system we've been using. That's why we feel so frustrated and under-realized: We don't yet have the power to step into the opportunities right in front of us.

But when you awaken your Feminine Power, the gap between the possibility that you sense for yourself and how life shows up rapidly disappears.

You become organically connected to the deeper truth of who you are.

You start living into and discover your higher purpose.

You feel a sense of authentic confidence in your ability to attract and generate the resources you need to thrive.

Your relationships begin to mirror and match your value.

You express your gifts not for just self-expression's sake, but in ways that are received, valued, and go on to impact others.

You begin to feel spiritually connected and attuned to your own inner compass.

You empower your family, partner, children, and community to show up, flourish and thrive.

“When you Unlock Feminine Power, the gap between the possibilities you sense for yourself and how life shows up rapidly disappears.”

The one thing that I know for sure is that the possibilities that you sense in your clearest moments, for who you are and what your life could be, they're real. In fact, your destiny is bigger than you can imagine.

The opportunity you have for success, for impact, for connection, for intimacy, for legacy—it's never been greater.



How This Book Works

This book is broken down into four chapters. Each chapter builds on the last and provides stories and, in the Power Center chapters, exercises so that you can start living more and more from your Feminine Power.

My Story

This chapter shares the origins of Feminine Power and tells the remarkable story of how the teaching came to be birthed into the world.

The Power to Break Through Your Inner Glass Ceiling

How can you build a solid foundation in your feminine power? This chapter shows how you can forge an unshakable connection between the weaker parts of you and the part of you that's wise and has access to perspective and resources.

Unlocking Your Inner GPS and Forging an Unshakeable Bond with your Inner Wisdom

With the natural limits of the masculine power system, we have mostly become disconnected from our intuitive guidance. With this power center, you reconnect to the deeper wisdom inside of you and the energy and intelligence of life.

The Keys to Manifesting Your Destiny

Discover how to free yourself from the double bind put on women around asking for support, helping us begin to make requests and generate the support we need to play our biggest game.

Take the Next Step, Join Claire & A Global Tribe to Unlock Your Feminine Power

In this final chapter of the eBook, you'll be invited to join a FREE upcoming seminar where you can apply the discoveries you're making and make the leap into your Destiny.

>> You Can [Register Here](#) for FREE NOW.

My Story

I was exactly where you are. I was nearly out of money and I didn't know how to make a living that felt true to my values. I had just ended a bad relationship and was disappointed by love. I felt creatively frustrated and stuck. Worst of all, I felt really abandoned by life.



The confusing thing was that I had done all of the things I thought I was supposed to do: I had been a high achiever; I had no trouble getting a job. I'd be in leadership roles and created a lot of success. I had graduate degrees and several prestigious coaching certifications. I'd spent about a decade doing intensive, personal growth and spiritual work—I went to therapy, I meditated, I did affirmations, I visited gurus in India.



I traveled the world in search of wisdom, but I woke up every morning feeling what Maya Angelou called the "agony [of] bearing an untold story."

It was confusing. I'd been willing to invest in myself, yet there was this huge gap: I felt invisible and under-recognized in all of my relationships. I yearned for a partner who truly saw me and who was fully committed to creating a life together.



I wanted to contribute my gifts in ways that would impact others.

In my bravest moments, I even felt a humanitarian calling, a deep desire to participate in something larger than myself.



One day I told my friend Malcolm that I thought I'd figured it out. "I know what I'm meant to be doing," I said. "I'm meant to be a humanitarian or a philanthropist."

He just smiled in a very loving way and said, "That's a really nice idea, Claire. I can see that for you. But usually people who are humanitarians or philanthropists have been able to make their own life work first."

I was so embarrassed. I was a smart, educated, "successful" woman and yet, he was right: I couldn't figure out how to make my own life work.

So I did something right then and there: I made a commitment to figuring out what was going on.

A few short years later, everything had changed. I met and married the great love of my life, Craig Hamilton, who is an amazing partner beyond anything that I could have imagined possible for me in relationship.



I've been able to create an amazing network of support with other powerful women leaders who have stood with me and been pivotal in my making my greatest contribution.

I co-founded Evolving Wisdom, which has now impacted over 1 million people. And one of the greatest things that opened up from this success was the chance to write a check for \$100,000 to The Girl Power Project, to help fund leadership and self-esteem training for adolescent girls in Uganda.

I share this with you to emphasize how completely unrecognizable my outer life is compared before.

So, what changed?

I discovered Feminine Power, and it gave me my wings.

I have to tell you: When I first began to explore this work, I was skeptical. It was not at all obvious to me. I'd never identified with the feminine. In fact, in many ways I thought that "feminine" equaled weak and ineffective and that I would lose my power if I expressed this part of myself.

But then I met other women coaches, and we began to compare notes. They were having the same experience I was. Like me, they'd had some success; but many of them were unable to get leverage and traction in their life.

And we started noticing that the women around us were experiencing this gap as well.

So I brought together the women in my small coaching community to try to get to the bottom of what was going on. We drew up a list of masculine and feminine qualities, and it became clear that the whole system of power that we were steeped in is sourced from masculine qualities of logic, analysis and linear thinking.

And it's a fantastic system if you want to create anything predictable or controllable. With it, you set a goal, break it down into steps, create a plan, and execute that plan. Say you want to build a house. You draft a blueprint, figure out what materials you need, schedule out the work to be done, hire a team, and build. Voila! You have a house.

But if you want to create something in this new category of self-actualization—true love, connection, creativity, impact—you can't do it with a power system based on strategy, steps, logic, and planning. And that's the breakdown that women all over are experiencing.

We need a new source of power to navigate this new terrain, one that honors our own deep wisdom, that values relationships and support, and that taps into the life-positive energy all around us.





The Power to Break Through Your Inner Glass Ceiling

An Operating System for the 21st Century

Feminine Power addresses the barriers that keep us from soaring. It identifies our old stories and, even more important, how those old stories dictate the way we show up in life. It shows us how to reach out and receive the vast support that's all around us. It reintroduces us to our own inner wisdom and teaches us how to trust its guidance. And it gives us the courage and confidence to take risks and be who we sense we could be in our clearest moments.

If you struggle in the areas of love, belonging, connection, creativity or contribution—areas in the realm of the feminine—your primary barrier to success is actually not outside of you; it's inside of you. It's a core belief you have about yourself, about others, about the possibilities or non-possibilities for your life. It forms your core identity. And unless you learn to break free of it, no matter how hard you try, you won't be able to succeed if the nature of you want to create is in this domain of the feminine.

In order to identify the core beliefs that form your core identity, the question to ask yourself is:

“Who or what am I blaming as the reason that I can't be successful in this area of my life?”

If you're like 85% of us, you likely blame your circumstances for your struggle. “I don't have enough time. I don't have money. I don't have enough education. There are no good men out there. The economy is bad.”

Whatever it is, it's a story, a story about your circumstances. And you're never going to find your power by blaming your circumstances.



As smart, personally developed women, we're also pretty psychologically sophisticated. We likely recognize our limiting patterns and might even know where they came from. "I have low self esteem. I have this belief or that belief. Oh, there are my father (or mother) issues again." Sound familiar?

But this just becomes another form of blame. Because in spite of all this psychological analysis, self or otherwise, we haven't been able to break through the barriers that have kept us from realizing the things we most desire.

The truth is, life it hasn't happening to you. Life is responding to you. Inside the core beliefs and assumptions about who we are or what is or isn't possible for us, we show up and behave in ways that generate and reinforce evidence of these stories.

*“ The truth is, life isn't happening to you.
Life is responding to you. ”*



We need to really get this: Life is mirroring and matching how you're showing up. And in these areas that we want to create in, we show up from the parts of us that are wounded or stuck in old stories of powerlessness and limitation.

In other words, you can't attract love on top of a deep, inner sense of being unlovable. You can't generate success on top of a deep feeling of being unworthy. You can't make an impact on the world if you secretly fear you have nothing worthwhile to contribute.

That's where Power Center One comes in. It's about forging an unshakable connection between the weakest parts of you and the part of you that actually knows better; the part of you that's wise, has access to perspective and resources, and that shows up powerfully for other people.

When you discover how to make the connection between these two parts of yourself, you'll effortlessly start to show up in ways that are aligned with a deeper truth of who you are.

And when that happens, the inner glass ceiling that you've created, shatters.

In a period of a matter of weeks, life begins to reorganize and others begin to reflect back to you the truth of who you are. You suddenly realize that that old story has been around a long time, decades even, shaping your worldview, and it's simply...not true.

I want to share two stories that demonstrate the life-altering force of unlocking Power Center One.



“And when that happens, the inner glass ceiling that you've created, shatters.”

For years, I struggled to get traction in the area of contribution in my career. That was one of my inner glass ceilings. I sensed I had this potential to teach and to serve, and when I'd go to conferences and events and hear the speakers, I'd really feel like I, too, had something to contribute. But I worried that I was being a bit arrogant, because I hadn't really done anything yet to make my name.

And I felt victimized that no one really saw me or gave me opportunities. It's like I was waiting to be "discovered," and then was very confused that no one recognized me. And I had this whole story it, about how people were self-centered and that's why I wasn't getting opportunities.

But when I did the practices for Power Center One, I discovered, "Wow, life is responding to me. I'm not getting opportunities because I'm actually disappearing myself."

You see, my core identity that I was invisible, and that's how I showed up: I would disappear my thoughts and feelings and would just mirror other people. Whenever I was with anyone, they actually had a deeper experience of themselves, but wouldn't see me because ... I disappeared. And that was what was creating this chronic experience of invisibility I had.

Through these Feminine Power practices, I got connected to the deeper truth of who I am and took responsibility to begin to show up in new ways that were reflective of this deeper truth. And I broke that inner glass ceiling.

The deeper truth is ...

What I have to share is valuable.

And standing in this truth ...

I take responsibility for making my thoughts, feelings, desires and vision known.

I brought the part of me that felt victimized into relationship with the deeper, wiser part of me. From there, I showed up and I generated my visibility. I took responsibility to do this.

A few weeks later, I was hosting the first “Women on the Edge of Evolution” dialog series, and planned as my first interview, to speak with Dr. Jean Houston, co-founder of the Human Potential Movement.

I was nervous. This was Jean Houston! But I knew that this was as my challenge: I had to show up in ways that were consistent with the deeper truth of who I really was. And that meant letting go of my old way of being, of playing small, people pleasing and just mirroring people. In addition to being a gracious host, I had to hold the space while making my presence known.

And a remarkable thing happened: About halfway through the interview, Jean paused and said, “Claire, I have to speak to you tomorrow. Call me on my private line.”

I called her the next day. And she reflected back what she saw in me. “Claire, you have a great destiny, a great calling of leadership in the empowerment of women, and I want to support you and stand with you. Come and visit me in Ashland.”

So I went to Oregon, and there she shared a much larger vision for me than I could possibly see or hold for myself at that time. And she opened up her Rolodex and reached out to every powerful, influential woman leader that she knew.

From there, everything happened for me. We upleveled the Feminine Power platform and I created Evolving Wisdom. We began teaching and impacting so many people. And it was all because I brought who I truly am into alignment with who I was being and how I showed up. I simply couldn't generate my visibility, contribution and impact on top of that old pattern of invisibility.

“ And breaking through this inner barrier is the foundation for awakening Feminine Power. ”



Sandra's Story

Sandra is a social worker. She is very attractive but has a visible disability: Early-childhood rheumatoid arthritis has left her arms stunted and her gait uneven.

It's been her biggest source of shame and discomfort. For example, although she had been professionally successful, she always stayed behind the scenes not wanting to be too visible.

She longed to make a difference in the area of disability advocacy, to be able to really put herself out there and help people. But what she wanted more than anything was to be in a healthy relationship, and to get married. When I asked her, "Who or what are you blaming as the reason that you can't have this?" She said, "Nobody would want me. Look at my body. I'm unattractive. I need so much care. I can't even do basic things like brush my own hair and get up into bed."

Going through the Power Center One practices, she began to see that under this blaming of her circumstance, she was living inside the belief that "nobody would want me." Her core identity was that she wasn't worthy.

When I asked her, "When a man is interested in you, how do you show up in ways that create evidence for that old story being true?" She admitted, "Well, when a man I like or am attracted to comes up to me and introduces himself, I just feel this pit in my stomach and act not interested because I can't bear the thought of being rejected."

That was it. It wasn't her story of not being worthy (or loveable or beautiful or desirable). It was the way she showed up: She literally pushed people away with clear signals that she wasn't interested.

Sandra learned how to connect with the part of her that felt unsafe and unlovable and bring it into a relationship with a much deeper center of power and wisdom. And when she did, she discovered that she could be there for herself, no matter what, and hold her ground with courage. If a man rejected her, she would still be OK.

And something even more amazing happened: She stopped wishing she were someone different. When she connected to this deeper source of her own power and wisdom, she truly loved herself fully for who she was.

Her behavior totally changed. She stopped wearing baggy, unflattering clothes. She began to flirt back when men paid attention to her. She even found the courage to join an online dating site.

Very soon, Sandra met Roger: a beautiful, loving man who shared her passion for disability advocacy. They were married a few years ago. And this totally shattered her sense of what was possible for her life because it was the one thing that she never thought she could have.

She went on to apply what she learned through Power Center One to break through a lifelong fear of public speaking, and gave a TED Talk in front of 7,000 people. She stepped into more visible roles doing disability advocacy, and even started modeling clothes during fundraising fashion shows. I can barely keep up with her these days because she and Roger travel so much with their work. She is truly living a life that was beyond her wildest imaginings.

That's what's possible when you break through the old stories that have defined you, and start showing up in the truth of who you are.



Now it's your turn. Think about the area of your life where you feel really stuck.

Who or what are you blaming for your situation? What's the old story there?

Let that go and try to look for what is it that actually happens inside that story.

What's the pattern that keeps happening in this area of your life? How are you showing up?

My pattern was that I would disappear. Sandra's pattern was to send out signals to men that she wasn't interested. Be honest with yourself.

How do you show up that creates evidence for your story about why you can't have what you want in this area?

See if you can connect to the emotion that comes up in the midst of that old pattern—it's there. Place one hand on your body and name this emotion as an "I am" statement. "I'm not safe. I'm not enough. I'm not lovable. I'm too much. I'm not wanted."

Just take a breath and feel into this emotion. There's a core identity here that's stuck inside this old story of who she is and what's possible or not possible for her to have.

Now, there's another part of you that's already whole and powerful. It's the part of you that shows up for your loved ones. It shows up in the moments when you feel most confident—that could be at work, with your family, when doing something that inspires you.

Just connect to that most-powerful self and imagine you're bringing her into relationship with the younger, scared part of you that's stuck in that old story.

Take a breath.

There's a deeper truth here. Do you feel it?

“The deeper truth is that you are born to experience and express great love.

The deeper truth is that you're here to make a difference with your gifts.

The deeper truth is that you deserve to be financially supported for the value and contribution you bring.”

And here's the key to release the old pattern of behavior forever and shatter your inner glass ceiling:

If you were to align yourself with this deeper truth, how would you show up?

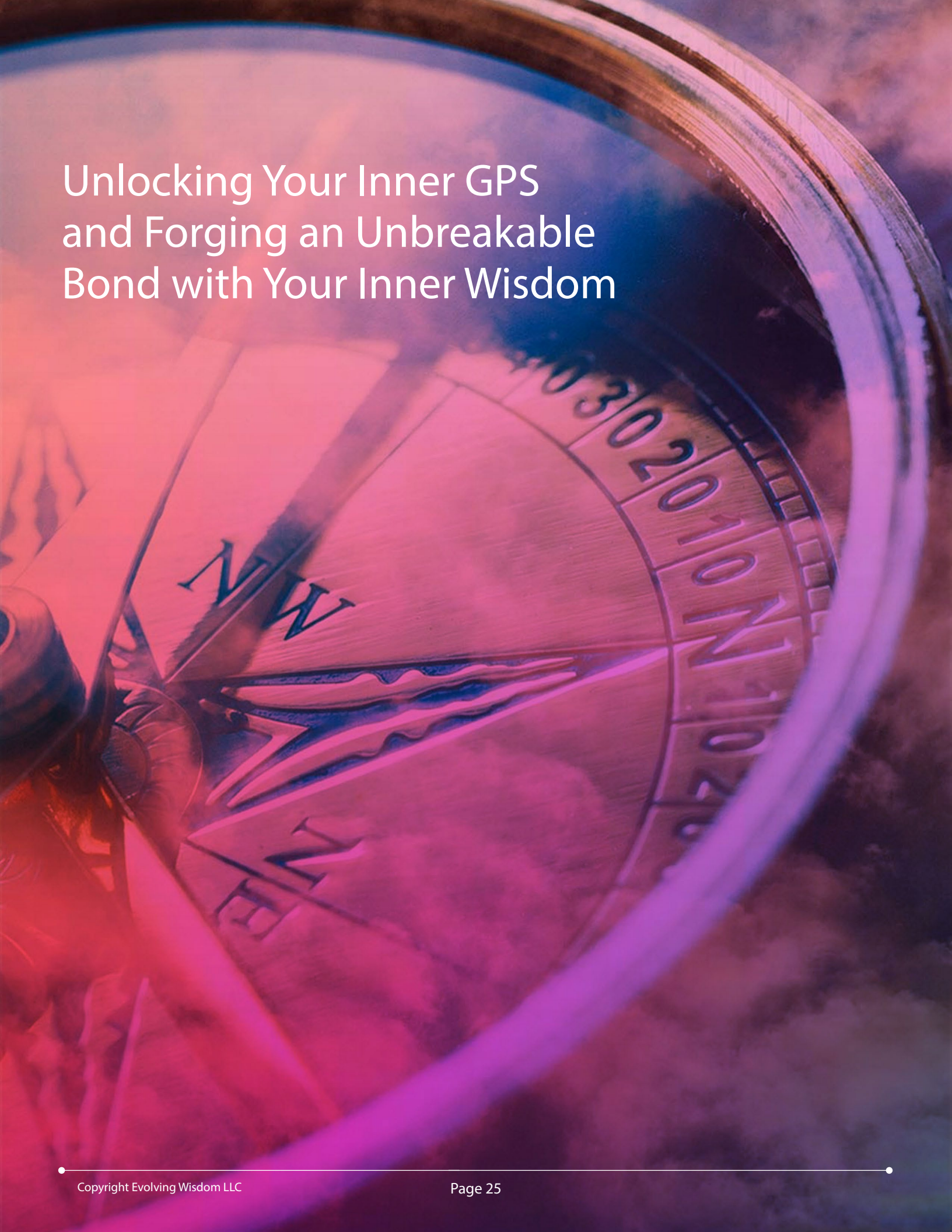
For me, the deeper truth is that I have something valuable to contribute. That my ideas, even if they were imperfect works in progress at the time, were valuable, and I could begin to be visible and share them.

For Sandra, the deeper truth is that she's valuable and worthy of love, and that even if a man rejects her, she's still OK. Aligning with this truth, she found the courage to make herself vulnerable and open.

“ We must learn to forge an unshakable bond between these two parts of us in order to midwife ourselves into our greatness. ”

It's clear that we can't create, manifest or generate on top of our old stories and the old ways of showing up. But once we learn to forge an unshakeable bond between these two parts of ourselves, and start to show up in ways that reflect the truth of who we are, everything changes.





Unlocking Your Inner GPS and Forging an Unbreakable Bond with Your Inner Wisdom

A very common experience for women inside this sense that there's more we can do and be, is a kind of confusion, because don't really know what that would look like.

In the masculine system of power, you need to have a very clear goal and then you create a strategy and break it down into steps in order to get there.

But when we're dealing with things in the domain of the feminine—higher love, belonging, actualization, creative contributions, our natural gifts—we don't necessarily know what it would look like for us to be fully realized or self-expressed. How would we? We haven't been there yet!

That's where Power Center Two comes in. Through this, you unlock your inner navigation system and forge a deep, unshakable bond to your own wisdom and deeper source of creative power.

I could never have put myself teaching thousands of women about Feminine Power on a vision board. I could never have imagined, in my wildest dreams, founding a company like Evolving Wisdom let alone creating a strategy to get there. I couldn't even pay my next month's rent!

I couldn't have imagined the relationship I have with my husband, because that kind of relationship didn't exist in my history.

These things that women are yearning to create are bigger than we can imagine, we don't have them in our history, and we simply can't know what they will look like from where we are now. Even if you have a specific idea or goal in mind, you can't control the process of it coming into being or the exact shape it will take.

There's a part of you that's connected to a deeper intelligence of life. We call it intuition. But in our culture, it's not highly valued. We have actually been trained to not to trust ourselves and our inner knowing in favor of the more "logical" approaches of strategizing and planning.

The result is that most of us are disconnected from our intuition. And even when we do have flashes of some kind of “inner knowing,” we don’t know how to distinguish whether the messages we receive are coming from our inner wisdom or from fear or some other emotion. Sound familiar?

So we get stuck in this loop in our mind trying to figure out how to get to our destiny. The thing is, you can’t get to your destiny just from your mind. You can’t get there with strategy.

Power Center 2 is our connection to the deeper wisdom inside of you and the energy and intelligence of life.

Once you connect to both of these, you unlock the inner compass that will guide you, step by step, to where you need to go. And as you follow this guidance, and see that it will not fail you, you develop the confidence to take risks and start to show up in new, empowered ways that will open all sorts of new doors in your life.



“You can’t get to your destiny just from your mind. You can’t get there with strategy.”

So if your life isn’t working in some way, look at the knowing that you’re not acting on because you’re afraid, you don’t trust it, or because you can’t see the next step. Until you develop an unshakable bond and trust with this inner compass, you can’t access the power to navigate your way to your destiny.

Tanya's Story

Tanya had a good job working in a realty office. She didn't feel that she was being fully utilized there, but it was steady. She also had a wealthy boyfriend who brought her gifts, took her to nice restaurants, and offered her a sense of security. Again, it was steady.

When she came to Feminine Power, she admitted that she had a deep-seated feeling that there was something more she should be doing; she just couldn't see what it was.

Tanya was a very tentative person. Like a lot of us, she didn't want to rock the boat. She was very organized around pleasing others and taking care of people. Interestingly, she hoped her boyfriend wouldn't propose marriage to her; she didn't want to have to make a decision like that and deal with some of the complexities of figuring out just who she wanted to be in her life.

In doing the Power Center Two practices, Tanya discovered that she was deeply disconnected from herself—from her desires and her talents—and she didn't really trust herself.

She also began to feel this intense desire to create things of beauty. She connected with this creative hunger inside of her that she also realized had always been there, but which she had dismissed as frivolous.

Kind of blown away but what was opening up for her, Tanya decided to do an experiment and give herself permission to really listen to her desires. Immediately she got a very strong intuition to start making jewelry.



Now, she had no experience in jewelry making, but just going with her knowing, she signed up for a course. And then she remembered that in high school, that she had been really interested in fashion design. That was it. Through this jewelry course, Tanya ignited her dormant creative spark. She began designing and making pocketbooks and jackets. She used recycled materials and made herself dresses. She actually created an entire wardrobe for herself.

Meanwhile her friends, witnessing this unleashed creativity, were awestruck by these amazing creations, and started asking her to make them things, too. More and more people started noticing Tanya's talent and offering to pay for her creations.

Not long after she began, Tanya quit her job at the Realty office and opened a boutique selling her designs.

Soon she was earning a good living, and most of all, she felt so free being able to finally be herself. The women who were her customers became friends, and she had a deep sense of community and belonging.

Not surprisingly, as she developed herself and her confidence, Tanya came to see that she didn't really have anything in common with the boyfriend she had been with, and that relationship ended. But she soon created a new, truly amazing relationship with someone who is a true partner and who shares her values.

I love this story because it illustrates so well the process of realizing your larger destiny. It's something that happens through you, when you are connected to yourself and the deeper truth of who you are. And we usually can't see it. But when we connect to our deepest desires and listen, we get nudges, hints, and sometimes loud-and-clear messages from our inner wisdom guiding us in the direction we need to go.

Like Tanya, most of us don't have an unshakable connection to our inner knowing. We don't trust ourselves and we don't trust that life is organizing around our success. And until we forge this life-positive connection with ourselves and with an energy and intelligence that's bigger than us, it's impossible to access our inner guidance and start creating along our destiny path.

Now it's your turn. Think of a decision that you need to make. It could be something really big and important or something relatively minor that's just been spinning around in your mind.

Notice any tension in your body and breathe into it. Hold this decision you need to make in your awareness, and ask yourself,

What's been conversation I've had in mind about this up until now? Take a moment.

Now, and this is big, just imagine for moment that all of life is organizing around your success. Even though you might not have any evidence for this. Even if you're not sure you really believe it. Just for a moment, act as if.

This is a direct way to access your intuition: "If I absolutely believed all of life was organizing around my success, what would I do in this situation? What would my decision be?"

And instead of thinking about the answer, let your awareness drop all the way down into your hips and just move into a place of listening.

“ If I absolutely believed all of life is organizing around my success, what would my decision be? ”

Drop into listening. Notice any sounds, sensations, feelings, visuals or even things like colors.

What came up for you?

There's a deep well of wisdom inside of each of us that's available whenever we need it. But it takes practice to learn the language of intuition. When you forge an unshakable bond with this inner wisdom and learn to partner with life, you'll gain the clarity you need to start to trust this guidance, your confidence will grow, and you'll tap into flow and synchronicity that will move you along your destiny path.

That's what becomes possible by unlocking Power Center Two.

The Keys to Manifesting Your Destiny



In the masculine system of power, we celebrate independence. In fact, there's a certain stigma about needing support or asking for help, as if it signifies weakness or insufficiency.

Think about it:

When you don't know how to do something or don't have the answer, how do you feel about yourself? Do you beat yourself up? Do you try to hide your lack of knowledge? Do you torture yourself trying to figure out it out for yourself before you would dream of asking for support or help?

When you're trying to create in the domain of the feminine, that tactic doesn't work. You actually can't do it by yourself. If you want to self-actualize, you need support.

So the third Power Center has to do with unlocking the power of support so that you can play your biggest game.

Think about the biggest thing you want to create in your life. How many people are holding that with you? Are challenging you to grow in ways that are consistent with your vision? Are mirroring back to you a sense of possibility that you can do it, or are giving you the resources that you're missing?

If the answer is no one, or even very few people, you have a support-deficit. And it's not possible to manifest something in this higher order unless you can generate and activate the power of support around you.

Now you may have good friends or be part of some kind of community, but if you have the feeling that you're holding this big thing you want to create all by yourself, you haven't yet unlocked Power Center Three.

It's worth noting here that friends are wonderful, we all need them. But the thing about women and friends is that we tend to relate to one another in ways that don't necessarily support us reaching our higher goals and possibilities. Either we're covertly competitive or (and often within the same relationship) we end up affirming and colluding with the weakest parts of each other, by being overly kind instead of challenging each other to step into our biggest vision for our lives. So even when we have close relationships, we don't necessarily have the kind of support we need to unlock this power center.

When you get that kind of support, your ability to create becomes exponential. It's like you get into the fast lane; everything begins to accelerate. It's proven. When geese fly in formation, they go 75 percent further and faster. When people in a group set an intention together, they're six times more powerful than an individual doing it alone.

What we need are Power Partners. These are people who are as passionate about actualizing their higher possibilities as we are. Together you enter into a new kind of shared agreement to support each other's vision of who you're becoming instead of who you've been.

Power Partners relate to you and mirror back to you the truth of who you are, not your old stories. They hold you accountable to showing up in ways that are consistent with the future you're committed to creating.

Like Tanya and her new friends. They saw the creator, the designer, and mirrored that person back to her. Like Jean Houston seeing my potential, and offering vast support to help me.

Here's the thing:

To truly play your biggest game, you don't need a meditation practice, as great as meditation is. You don't need affirmations or a vision board. You need a Power Partner who is going to be up with you at midnight to help you finish your book proposal. And who's then going to hold you accountable to put that proposal in the mail when you start to waver.

This is the kind of support that begins to catalyze and activate a deeper possibility for who you are.

And that's the force of Power Center Three. It teaches us how to make requests and generate the support we need to play our biggest game.

*“When geese fly in formation,
they go 75 percent further
and faster.”*



Most of us don't really know how to ask for this kind of support. It's actually a kind of double bind in the culture of women: To be worthy of support, we have to not need it. We're steeped in this old belief that receiving somehow means going into debt or that it shows weakness. But think about how much you want to support others in your life. How good it makes you feel to help. Others feel the same way, but they can't offer support if you don't make your needs and desires visible.

Going back to the big thing you're wanting to create, What's been your story about receiving support in this area? Where are you not reaching out for support? What would it mean for you to be supported in this area?

I had to learn everything I'm sharing here myself. I wasn't used to asking for support. As I noted earlier, I wasn't drawn to the feminine and I wasn't a group kind of person.

But when I discovered this key truth, that we don't become ourselves by ourselves, I knew I needed to change that. So I created a Power Statement:

The more support I receive, the more powerful I become.

I still use it. Whenever I get stuck because I don't know the answer or don't know how to do something, instead of feeling weak or stupid or insufficient, I say this. It prompts me to ask myself, "Who do I know who could help me with this?" And then I reach out and ask for help.

Here's another one:

The women in my life are more powerful, successful and capable than me in ways that catalyze my greatness in contribution as I do theirs.

For years I was always helping everybody else. That's just how it was: I had the knowledge and resources to help but there was nobody who was more powerful or able to contribute to me—at least that's the story I told myself. (See how this goes?)

By uncovering that old story, I realized that I had a whole issue around what it means to give and receive support.

You can begin to work with this yourself.

First, think about someone you can reach out to be a Power Partner. Someone up for the calling, who will stand for the biggest vision you have for yourself. It might be someone in your social circle, or it could be someone you may not know but who shares your interest in self-actualization.

Next, share your vision for who you sense you could be. Ask them to hold you accountable for the way you're showing up that's consistent with that vision, and offer to do that for them as well. And if you don't have other women in your life who are up for this kind of work, the Feminine Power community is a rich resource.

These are the first big steps to unlocking Power Center Three.

Take a moment to think about your life right now, the yearnings that you have, the knowing that you have in your clearest moments about your what might be possible for your life.

Now imagine a year from now, having unlocked these Power Centers and awakened your Feminine Power. What's possible? Who might you be?

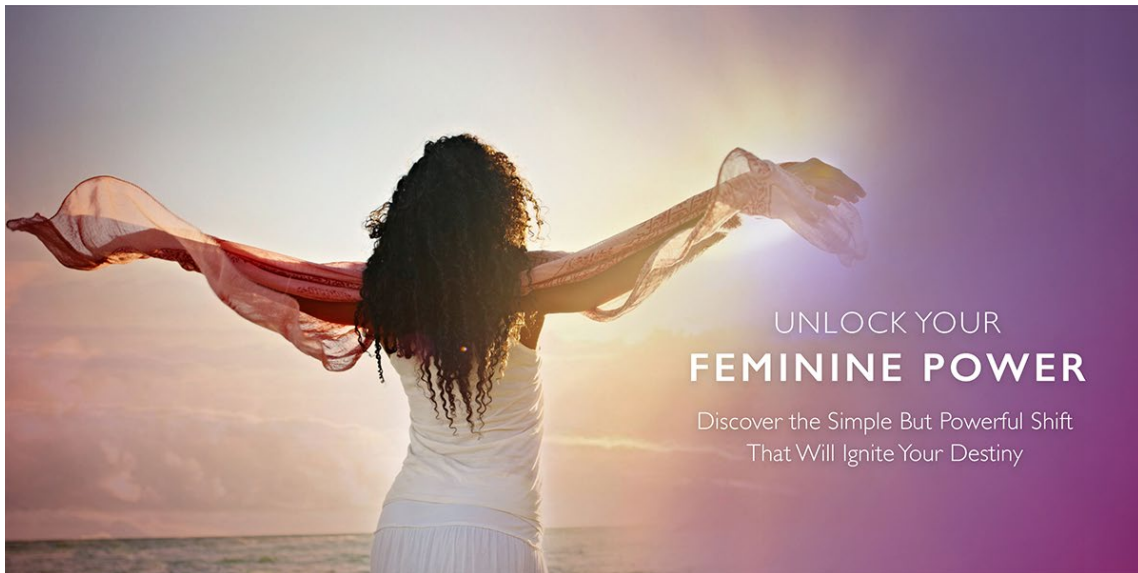
I'll repeat that: Who you sense you can be in your clearest moments, of what's possible for you, is bigger than you can imagine. I know it. I've seen it thousands of times. I've experienced it, and still do. And I know that's it's true for every single woman who is willing to unlock her power.

What about you? Are you ready to get your wings and soar?



I know it. I've seen it thousands of times. I've experienced it, and still do.
And I know that's it's true for every single woman who is willing to unlock her power.
What about you? Are you ready to get your wings and soar?

Take the Next Step and Join Me & A Global Tribe
of Conscious, Smart, Gifted Women for my Upcoming
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I can't wait to show take you, step-by-step through the process
of making the simple, but powerful shift that will ignite your Destiny.

Sign up Here for Free:

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The last time I offered this seminar LIVE was more than 3 years ago when over 50,000 women registered, and I'm not sure if or when I'll be able to offer it again.

Women rave about the impact unlocking Feminine Power has on them, and say it was the KEY to transforming their health and self-esteem as well as stepping into their purpose, prosperity and overall happiness:

"Feminine Power did for me what a decade of schooling, therapy and personal development could not. My depression is gone!"

— Heather, California

"I hardly recognize my life. I am the healthiest I've ever been and feel truly beautiful, inside and out. And to top it all off, I'm engaged to a passionate man who is my true match in every sense!"

—Elham S., Geneva, Switzerland

"I have released a lifelong, nearly debilitating eating disorder. I get to choose how I live my life. And I choose to live free from addictions that keep me chained to the past."

—Heather, Costa Mesa, California

“As a result of unlocking my Feminine Power, I’ve lost 83 pounds of excess weight!”

— Aud, Chicago, Illinois

“I had already been running my own business for three years, but I was playing small. I’ve literally gone from working on a few homes locally to working on multi-million dollar interiors all over the country, and I’m planning on working internationally soon!”

—Jennifer M., Los Angeles, California

“In spite of numerous trainings, professional certifications and lots of education, I was unable to put a voice to who I am and what I do. After attending Claire’s seminar I was able to complete my website in two six-hour sessions—after being stalled for years. The words just poured easily out of me, and it felt just right!”

—Deirdre C., Woodside, New York

“Because of Feminine Power I lost 70 lbs, traveled solo in foreign countries where I didn’t speak the language, and celebrated my new body by riding elephants, zip lining, and hiking to the Tiger’s Nest in Bhutan (+12,000 ft)!”

—Carolyn, Camano Island, Washington

“Feminine Power brought passion and deeper connection to my marriage and it has become the intimate, close friendship I dreamed of.”

—Meryl, California

Register [HERE](#) Now:

[FemininePower.com](https://www.femininepower.com)

When you shift into Feminine Power, you will gain the power to:

- ★ Liberate yourself from self-doubt and insecurity, become authentically confident and visible, and be recognized and rewarded for your contributions
- ★ Overcome any chronic health challenges that may be blocking your destiny, such as depression and anxiety, fatigue, or feeling out of alignment, allowing you to move forward with limitless energy into the work you're here to do
- ★ Attract a true equal—or transform your present relationship to become the intimate, loving relationship you yearn for
- ★ Make the shift from simply surviving to thriving financially
 - Discover your true “genius” so that you can create a business or career that will allow you to
- ★ share your gifts in your “sweet spot” and fulfill your life’s purpose and calling
 - Be supported, loved and valued by all the people close to you, so you can become
- ★ the best version of yourself
- ★ Feel like you are finally LIVING your destiny as the woman you were born to become...

And so much more!

FemininePower.com



In this 75-Minute Seminar you will discover:

- ★ The biggest mistake blocking smart, conscious women from realizing their destiny and how to free yourself from it
- ★ How to unlock the revolutionary Feminine Power system and step forward to create the larger life that's calling you
- ★ Why goal setting and even vision boards don't work at the level of destiny that's calling you—and what
- ★ does

The 8 Key areas of Feminine Self-Actualization and what is most "in season" to manifest (this will be 10★ times easier to get results with)

How to identify and release your #1 inner barrier to manifesting your desires and vision so you can★ step forward into your greatness.

How to activate your Inner GPS so that you can manifest your vision in a field of synchronicity,★ flow and connection to a higher power

How to break free from feeling isolated and alone, and instead magnetize to you the support,★ resources and opportunities you need to thrive

The power that opens up to you when you're supported by a global tribe of brilliant, conscious, talented women

FemininePower.com



“Unique step-by-step process.”

“Claire is a woman I myself turn to for wisdom and counsel. I have great trust in her unique step-by-step process to awaken your Feminine Power.”

Marianne Williamson
author of *Everyday Grace*, *A Woman's Worth*, and *A Return to Love*

“Claire is of prime importance.”

“Claire Zammit is leading the way in the evolution of the feminine for our time. In the midst of so much work on behalf of women, Claire is of prime importance. She is offering the largest possible context to encourage us to give birth to the feminine co-creator, the woman who is expressing the process and power of creation itself. She has been blessed with a mysterious piece of the ‘holy grail’ of feminine leadership toward the evolution of a new humanity within a co-creative society.”

Barbara Marx Hubbard
author of *Conscious Evolution* and *The Hunger of Eve*

“Unique, original and inspired.”

“Unique, original and inspired, *Feminine Power* catapults a leap in our collective consciousness, offering insights and brilliance from the leading edge!”

Marci Shimoff
author of *Happy for No Reason: 7 Steps to Being Happy from the Inside Out*

“ Holds the vision for women.”

“Claire’s message-as-movement, at its core, is one of activation, responsibility, humanity, compassion, service, integrity, nurturance and excitement. She unceasingly holds the vision for women at the highest version of ourselves possible, for this I will be forever inspired by and grateful to her.”

Alanis Morissette
Grammy Award Winning Singer/Songwriter and Record Producer

“ Releasing her authentic gifts.”

“What my dear friend Claire skillfully transmits and teaches is what the feminine is, and how every woman can activate its energy within her, thereby releasing her authentic gifts into her own individual life and into our world, and contributing to a cultural shift of literally cosmic proportions.”

Michael Beckwith

“ Brilliant and evocative.”

“Feminine Power is a powerhouse of brilliant and evocative teachings that is sure to lead the participant into the new ways of being and doing that change both person, community, and ultimately, planet. It is the Wake Up call from soul – driven leadership, the New Story made manifest in our lives.”

Jean Houston

“The evolutionary gesture.”

“The movement to Feminine Power is the evolutionary gesture of these early years of the 21st century. With grace and beauty, Claire Zammit is providing the medium for this transformation, and a forum for the voices of the women who will make it so. There is nothing more important we can do, be, or listen to than the poetry of the Feminine Power in our midst, for, surely, this is what will transform the world. Thank you, Claire for your steadfast strength and beautiful commitment to the cause.”

Daphne Rose Kingma
author of *The Men We Never Knew* and *The Future of Love*

“Fresh and innovative.”

“Every once in a great while, a transformative teaching comes along that is so fresh and innovative as to reposition our entire worldview, invigorating us to new heights of possibilities in human potential. Claire offers such a teaching, providing a powerful pathway of liberation and evolution beyond the patterns of the past, unleashing an ecstatic creativity and aliveness in service to transforming our lives, and transforming our world.”

Rev. Kathy Hearn
United Centers for Spiritual Living

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